

## Friday 10. March:

- 11:00 NC Provisional Competition Round (PCR) (HS134)
- 17:00 Ski Jumping Men "RAW AIR 1" (HS134)

## Saturday 11. March:

- 11.00 NC Ski Jumping (HS134)
- 12:45 CC 50 km Men MS CL (6x 8,3km)
- 15:40 NC 10 km Gundersen F (4x 2,5km)
- 16:15 Ski Jumping Men Team "RAW AIR 2" (HS134)

## Sunday 12. March:

- 09:30 "King Harald's" Youth Relay (15-16y) (4x 3,5km CL)
- 10:30 Ski Jumping Ladies (HS134)
- 12:00 CC 30 km Ladies MS CL
- 14:15 Ski Jumping Men "RAW AIR 3" (HS134)

# TIMETABLE CC THURSDAY / FRIDAY



## THURSDAY 9 MARCH

08.00 → Rigging in Courses & Stadium, courses also open for CC training

14.00 ?? Common meeting Jury CC & NC

18.00-19.00 TCM Nordic Combined

## FRIDAY 10 MARCH

08.00-17.00 CC Ski-test & Warmup Course Open

09:30-12.00 CC Courses can be open - according to Course Opening Times (COT) (incl. PR 25km)

12.30-15.00 CC Official Training Ladies & Men (5 + 8.3km courses)

15.00 → CC Blue Course & Stadium closed - regrooming for NC  
Red Course open from Gate Midtstubakken

16.00-17.00 Official training NC Cross Country (2.5km Blue Course)

16.30-17.00 Opening Ceremony - Norwegian Ski Jumping week

17:00 Ski Jumping Men "RAW AIR 1" (HS134)

18.00-19.00 TCM Cross Country (50km)



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# TIMETABLE CC SATURDAY



08.00-14.00	<b>Ski-test &amp; Warmup Course Open</b> - Open again after race, but groomed F (NC)
10.00-12.30	<b>CC Courses open for Skitest &amp; Warmup</b> - according to Course Opening Times (COT)
11.00	<b>NC Ski Jumping – 1 round HS 134</b>
12:45	<b>CC 50 km Men MS CL (6x 8,3km)</b> - Ceremony & Press Conference after Finish
15:00 →	<b>Courses &amp; Stadium Closed; Re-grooming for NC (2.5km blue)</b> - some Courses & Skitest Areas Open acc. to COT
15:40	<b>NC 10 km Gundersen F (4x 2,5km)</b> - Ski-test & Warmup Course open from 14.30
16.30-17.30	<b>Training Youth Relay (3.5km), set tracks only in Red Course</b>
18.00 →	<b>YR party with the NOR King (in the Ski Museum)</b>
16:15	<b>Ski Jumping Men Team “RAW AIR 2” (HS134)</b>
18:00	<b>TCM 30 km Ladies</b>



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- 08.00 →**                    **Ski-test & Warmup Course Open**  
                                       - open also for YR, Warmup only here
- 09.30-10.30**                **«King Harald's» Youth Relay (15-16y) 4x 3,5km CL)**
- 10.30**                         **Ski Jumping Ladies (HS 134)**
- 09.30-11.45**                **CC Courses open for Skitest & Warmup**  
                                       - according to Course Opening Times (COT)
- 12.00**                         **CC 30 km Ladies MS CL (5km + 3x 8,3km)**  
                                       - Ceremony & Press Conference after Finish
- 14:15**                         **Ski Jumping Men "RAW AIR 3" (HS 134)**

# PRELIMINARY PLAN FOR THE COURSE OPENING TIMES CC OSLO HOLMENKOLLEN 2017



To be confirmed at COT Meeting Thursday evening, can then be adjusted later by TCM's / Jury

Course Opening Times  Outside CC Race Times	Courses	Remarks	Coaches					Athletes		
										
			Course 1	Course 2	Course 3	Start/Finish	Team	Training	Warm-up	Race bib
<b>Friday 10/03/2017</b>		<b>Take care - Course Rig</b>								
08:00 - 17:00	Skitest & Warmup	Incl. Skitest A	X	X	X	X	X	X		
09:30 - 17:00	Red Courses from gate + Skitest B (Stadium) & C	<b>Be Careful : - Pop-race in 2x 25 !!</b>	X	X	X	X	X	X		
12:30 - 15:00	All courses	Official Training CC	X	X	X	X	X	X		
<b>15:00 →</b>	<b>Stadium &amp; Blue Course Closed – Re-grooming</b>	<b>NC Official Training</b>								
<b>Saturday 11/03/2017</b>										
08:00 - 14:00	Skitest & Warmup	Incl. Skitest A	X	X	X	X	X	X	X	
08:00 - 16:30	Additional Skitest C – only Kickwax testing	<b>Open from gate - also during Comp.</b>	X							
10:00 - 12:30	Stadium Skitest B	From Skidepot B	X	X	X					
10:00 - 11:30	All courses	Ladies Training	X	X	X			<b>X (Ladies)</b>		
10:00 - 12:30	All courses	Mens Warm-up	X	X	X				X	
<b>After Race Ca. 15:00 →</b>	<b>Stadium &amp; Blue Course Closed - Re-grooming NC</b>	<b>Red Course Open (from gate)</b>								
<b>Sunday 12/03/2017</b>										
08:00 →	Skitest & Warmup	Incl. Skitest A	X	X	X	X	X		X	
08:00 →	Additional Skitest C – only Kickwax testing	Open during Comp. Closed when 1.lap L	X							
09:35 - 11:45	Stadium Skitest B	From Skidepot B <b>OBS! Youth Relay</b>	X	X	X					
09:30 - 10:30	Red Course from gate	During Youth Relay	X							
09:30 - 10:30	Upper Blue Course	During Youth Relay	X	X	X				X	
10:30 - 11:45	All courses		X	X	X				X	